

Programme	ADP Home Economics	Course Code	HEHF-204	Credit Hours	2(2+0)
Course Title	FAMILY AND COMMUNITY DEVELOPMENT				
Course Introduction					
Students will be able to understand the individual and family development dynamics within families, and interaction between the families and larger social context. They will be able to gain the thorough understanding of community development combined with the practical work					
Learning Outcomes					
Students will be able to: . Analyze the social, psychological and economic factors influencing family structures. . Evaluate community development strategies for improving family well-being. 3. Design and implement programs to enhance family and community resilience.					
Course Content			Assignments/Readings		
Week 1	<b>Social &amp; Psychological Factors Influencing Family Structures</b> Introduction to family structures and systems		Book: <i>Kazi (2002)</i> , Ch. 1–3, pp. 1–60		
	Psychological perspectives on family roles and relationships Developmental stages and family life cycle				
Week 2	<b>Economic Factors Influencing Family Structures</b> Economic influences on family decision-making		Book: <i>Kazi (2002)</i> , Ch. 4–6, pp. 61–120		
	Gender roles and financial dynamics in households Globalization and economic crises affecting families				
Week 3	<b>The Family: Functions and Types; Change in Family Institution</b> Family functions (socialization, emotional support)		Assignment of 5 Marks to be submitted in week 4: Debate traditional vs. modern family structures. Write a one-paragraph reflection on the strongest point from each side / Book: <i>Kazi (2002)</i> , Ch. 7–9, pp. 121–180		
	Types of family (nuclear, joint, extended, single-parent) Institutional change in families: modernization and urbanization				
Week 4	<b>Continuation: Family Functions, Types, and Changes</b> Changing family roles: technology and work-life balance		Write one page about changes your family or community has experienced over time. (Start thinking of problems to study.) / Book: <i>Kazi (2002)</i> , Ch. 10–12, pp. 181–240		
	Family transformation over generations Identifying family/community problems for study				
Week 5	<b>Urban Communities: Functions and Types</b> Understanding community and its characteristics		Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 1–3, pp. 3–56		
	Functions of urban communities Types of urban communities and social hubs				

Week 6	<b>Rural Communities: Functions and Types; Comparison</b> Rural communities – features and social fabric	Compare rural and urban community & Challenges for families / Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 4–6, pp. 57–102
	Comparison: rural vs. urban family challenges Migration, infrastructure, and sustainability	
Week 7	<b>Social Change and Its Impact on Families</b> Social change over 50 years: urbanization and gender shifts	Create a simple timeline of social changes affecting families in the last 50 years. (Link to your chosen problem / Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 7, pp. 103–122
	Timeline activity on family and social changes Linking research topics to community transformation	
Week 8	<b>Continued: Social Change and Its Impact on Families</b> Effects of technology on families and communities	Begin outlining your report topic and problem statement. / Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 8, pp. 123–153 Find one article about family or community development. Summarize key findings. Add to your report background
	Globalization and media’s role in social change Discussion of social transitions in student communities	
Week 9	<b>Midterm Week</b> Midterm review and Q&A Midterm Examination	<b>Syllabus of Midterm:</b> 1. Social & Psychological Factors Influencing Family Structures 2. The Family: Functions and Types; Change in Family Institution 3. Urban and Rural Communities, 4. Social Change and Its Impact on Families
	Reflection and feedback session	
Week 10	<b>Community Development: Meaning and Principles</b> Meaning and principles of community development	Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 9, pp. 154–177
	Review of current research and case studies Writing a short article summary (Task 3)	
Week 11	<b>Community Development: Methods and Types</b> Methods of community development	In small groups, simulate a community meeting to address your identified problem.
	Types of community interventions and mapping Simulation: community meeting on identified problem	Brainstorm possible interventions and give presentation. / Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 10–12, pp. 178–224
Week 12	<b>Leadership and Organizational Development</b> Establishing community-based organizations Presentation	Submit the first draft of your report: introduction, identified problem, and background. Instructor provides feedback. / Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 13, pp. 225–250
	Leadership and participation models Submission of report draft for instructor feedback	
Week 13	<b>Project Application and Evaluation</b> Applying evaluation to real-life examples	Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 14, pp. 251–272
	Group sharing of community problems Refining report solutions through discussion	

<b>Week 14</b>	<b>Awareness Event Planning</b> Designing an awareness event	Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 15, pp. 273–290
	Selecting audience and communication strategy Setting objectives and expected outcomes	
<b>Week 15</b>	<b>Solution Implementation and Evaluation</b> Implementing solution models	Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 16, pp. 291–310
	Monitoring and evaluation plan Peer review and refinement of reports	
<b>Week 16</b>	<b>Finalizing Awareness Event</b> Event logistics and partnerships	Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 17, pp. 311–330
	Stakeholder involvement and media tools Final run-through and reflection	
<b>Week 17</b>	<b>Final Report and Reflection</b> Final report presentations	Book: <i>Phillips &amp; Pittman (2009)</i> , Ch. 18, pp. 331–350
	Class discussion: lessons learned Reflection on community engagement and outcomes	
<b>Week 18</b>	<b>Final Term</b> Review session	
	Final Term Examination Course wrap-up and reflection	

#### Textbooks and Reading Material

1. Widmer, J. (Ed.). (2016). Supporting Family and Community Investments in Young Children Globally: Summary of a Joint Workshop by the National Academies of Sciences, Engineering, and Medicine and the Ethiopian Academy of Sciences. National Academies Press.
2. Rubin and Rubin (2007). Community Organizing and Development. 4th Edition. Allyn & Bacon.
3. Brown, J. B. (2007) Building Powerful Community Organizations: A Personal Guide To Creating Groups That Can Solve Problems and Change the World. Allyn & Bacon.
4. Phillips and Pittman (2009). An Introduction to Community Development. Routledge.
5. Community (Cambridge Studies in Population, Economy and Society in Past Time); Cambridge University Press; New Edition (2002)
6. Widmer, J. (Ed.). (2016). Supporting Family and Community Investments in Young Children Globally. National Academies Press.
7. Rubin, H. J., & Rubin, I. S. (2007). Community Organizing and Development (4th ed.). Allyn & Bacon.
8. Brown, J. B. (2007). Building Powerful Community Organizations: A Personal Guide to Creating Groups That Can Solve Problems and Change the World. Allyn & Bacon.
9. Phillips, R., & Pittman, R. (2009). An Introduction to Community Development. Routledge.
10. Cambridge University Press. (2002). Community (Cambridge Studies in Population, Economy and Society).
11. Kazi, M. U. (2002). Family & Social Obligations in Islam. Cambridge University Press.

#### Teaching Learning Strategies

Lecture-based learning through lectures and presentations.  
Technology-based learning -use of Multimedia etc.  
Group learning through group assignments and discussion.

#### Assignments: Types and Number with Calendar

- 1. Assignment of 5 Marks to be submitted in week 4:** Debate traditional vs. modern family structures. Write a one-paragraph reflection on the strongest point from each side / Book: *Kazi (2002)*, Ch. 7–9, pp. 121–180
- 2. Presentation of 10 marks in week 12:** Simulate a community meeting to address your identified problem. Brainstorm possible interventions and give a presentation.